

ACC SportSmart first aid kit

Order form



PREVENTION. CARE. RECOVERY.

Te Kaporeihana Āwhina Hunga Whara

Research shows injuries happen to people of all ages, in all sports and in all areas of the country. Injuries cause physical pain, emotional stress and prevent people from participating or performing at their best.

The most common sports injuries are:

- muscle strains
- ligament sprains
- bruises

These injuries are also known as soft tissue injuries. Taking the time to treat your injury early is important. Proper treatment will help to relieve immediate symptoms and speed up your recovery.

As part of the ACC SportSmart family of resources, ACC has produced a first aid kit and a cooler bag containing equipment for applying the R.I.C.E.D (Rest, Ice, Compression, Elevation, Diagnosis) procedure.

To order this ACC SportSmart First Aid Kit, fill out the form below and mail together with a cheque for the exact amount to the address given below. Make cheques payable to Accident Compensation Corporation.

This is a tax invoice when paid. GST Number 13-975-094

Section 1 – Order

Quantity required

ACC SportSmart first aid kits @ \$153.33* each =

**Includes GST, postage and packaging*

\$

Section 2 – Delivery details

Contact name:

Physical address:

Street

Suburb

City + Postcode

Phones:

Area code

0

Daytime number

Code

0

Mobile number

Mail to ▶ Eve Bon, Injury Prevention, ACC, PO Box 242, Wellington