



# Driving tired could kill you or someone else

Fatigue related crashes are among the most serious, as the driver doesn't usually apply the brakes. Avoid driving tired, and plan your trip to include regular breaks.

**Fatigue:** Wake up to the danger

Go to [www.acc.co.nz/roadsafety](http://www.acc.co.nz/roadsafety) for more information on how to beat fatigue.

ACC4655

