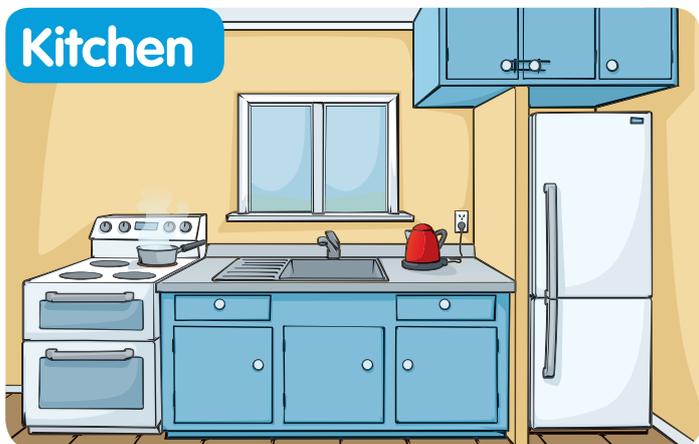


Safety begins at Home

Follow this guide to keep family, friends and whanau safe at your place:

Kitchen



- ✓ All cords are tucked away
- ✓ Clean up spills as soon as they happen
- ✓ Use back elements/hot plates and turn pot handles in, not overhanging stove
- ✓ Keep knives, scissors, sharp objects and poisons in lockable cupboards or drawers
- ✓ Shut cupboards and drawers
- ✓ Store heavy objects in easy to reach/low cupboards

Living room



- ✓ Point out glass doors with stickers
- ✓ Remove or tape-down rugs
- ✓ Keep hot drinks out of reach/up high
- ✓ Clear up toys and clutter so no one trips
- ✓ Use a fireguard in front of fireplaces
- ✓ Install safety catches on low windows
- ✓ Remember the heater metre rule, keep furniture, clothes and curtains are least one metre away from heaters and fireplaces

Bathroom



- ✓ Always supervise bath time and empty water after bath
- ✓ Have non-slip mats in and next to showers and baths
- ✓ Keep towels in easy reach to avoid wet floors
- ✓ Store medicines and cleaning products up high or lock them away
- ✓ Use a soap dish to reduce slips in baths and showers
- ✓ Make sure tap water is no more than 55 degrees and if you can, install child resistance tap attachments

For more information please visit
www.acc.co.nz or call 0800 844 657

SAFETY
 begins at
HOME

Outdoor/Driveway



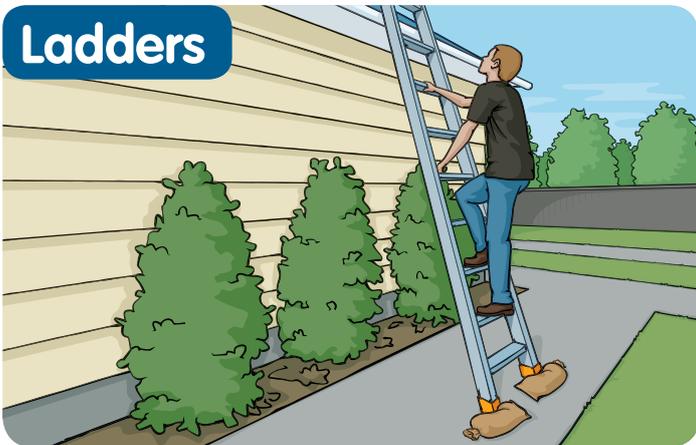
- ✓ Keep paths and decks free of moss and mildew, cut back trees and shrubs
- ✓ Mark steps with white paint and non-slip by adding grit to the paint
- ✓ Use non-slip paint to prevent slips
- ✓ Ensure driveways are clear of toddlers and children before using a car. Walk around the car and make sure children are in a safe place and supervised by an adult

Deck/Porch



- ✓ Install hand-rails (1 metre high or more) with non-climbable, vertical rails beneath
- ✓ Replace rotten and damaged boards. Remove loose nails
- ✓ Clean and maintain regularly to prevent slippery surfaces, moss and dirt build up
- ✓ Maintain and clean tools regularly to prevent slippery surfaces, moss and decaying leaf build up and keep them out of reach of children
- ✓ Keep tools out of reach

Ladders



- ✓ Make sure hands and feet have three points of contact at all times
- ✓ Secure your ladder by a mate or sandbags and keep it level on the ground
- ✓ Stay upright and don't lean or overreach

Steps/Stairs



- ✓ If there is a handrail, always use it
- ✓ Watch your load – consider two trips rather than carrying too much at one time
- ✓ Don't rush, take one step at a time
- ✓ Never leave toys or other possessions on steps and stairs, they are a trip hazard
- ✓ Keep stairways and steps well lit, both inside and outside
- ✓ Remove rugs from the top and bottom of stairways