

# Injury statistics | Q2 2026 |

## Concussion injuries in sport

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July 2026



He Kaupare. He Manaaki. He Whakaora.  
Prevention. Care. Recovery.



# Notes and caveats

- These have been identified where the sport on the claim is not null and the claim includes an approved injury where the injury description mentions concussion or the diagnosis is concussion.
- New claims counts the number of new claims that were lodged with ACC in each period. This can be any time after an injury occurred.
- Active claims are counted where the claim received at least one payment within the specified period. A claim was not necessarily lodged or had the accident occur within this time period.
- A claim may be active in more than one calendar year and will be counted once in each relevant year in which at least one payment was made.
- Active Costs are the GST exclusive cost of payments made for claims that were active in the specified period.
- The cost of public hospital services during the acute stage of an injury is covered under the Public Health Acute Services (PHAS) regulations. These services are bulk-funded and not attributed to individual claims, so cannot be included in these data.
- The calendar year in which the service was paid may differ to the calendar year in which the service was provided.
- All included claims are accepted for cover
- Data are displayed in calendar years. i.e. 1 January to 31 December
- Claims managed by an accredited employer have been excluded.
- Data were extracted on 7 July 2026 and may differ if rerun later.

Table 1: Number of new claims, active claims and active claim costs (excluding GST) for sport concussion related injuries between 1 January 2021 and 30 June 2026

| Measure       | Calendar Year |              |              |              |              |              |
|---------------|---------------|--------------|--------------|--------------|--------------|--------------|
|               | 2021          | 2022         | 2023         | 2024         | 2025         | 2026 YTD     |
| New Claims    | 10,476        | 9,876        | 10,714       | 12,086       | 12,455       | 7,094        |
| Active Claims | 11,826        | 11,249       | 12,220       | 13,634       | 14,263       | 8,847        |
| Active Costs  | \$54,382,334  | \$56,484,031 | \$66,016,332 | \$81,190,155 | \$89,871,624 | \$41,468,953 |

Table 2: Number of new sport concussion claims lodged between 1 January 2021 and 30 June 2026, broken down by top 5 most prevalent sports

| Sport        | Lodgement Calendar Year |       |       |       |       |          |
|--------------|-------------------------|-------|-------|-------|-------|----------|
|              | 2021                    | 2022  | 2023  | 2024  | 2025  | 2026 YTD |
| Cycling      | 1,036                   | 1,011 | 1,020 | 1,157 | 1,056 | 647      |
| Rugby League | 334                     | 357   | 490   | 626   | 610   | 412      |
| Rugby Union  | 3,134                   | 2,666 | 2,906 | 3,320 | 3,261 | 2,333    |
| Scooter      | 300                     | 328   | 378   | 437   | 465   | 297      |
| Soccer       | 974                     | 940   | 1,077 | 1,223 | 1,259 | 631      |



Table 3: Number of new sport concussion claims lodged between 1 January 2021 and 30 June 2026, broken down by accident location

| Accident Location         | Lodgement Calendar Year |       |       |       |       |          |
|---------------------------|-------------------------|-------|-------|-------|-------|----------|
|                           | 2021                    | 2022  | 2023  | 2024  | 2025  | 2026 YTD |
| Northland Region          | 324                     | 277   | 342   | 418   | 343   | 240      |
| Auckland Region           | 2,400                   | 2,343 | 2,430 | 2,929 | 3,007 | 1,839    |
| Waikato Region            | 1,007                   | 915   | 1,059 | 1,237 | 1,151 | 689      |
| Bay of Plenty Region      | 669                     | 564   | 662   | 814   | 763   | 462      |
| Gisborne Region           | 85                      | 78    | 93    | 102   | 113   | 60       |
| Hawke's Bay Region        | 312                     | 244   | 282   | 331   | 374   | 225      |
| Taranaki Region           | 277                     | 277   | 283   | 333   | 399   | 265      |
| Manawatū-Whanganui Region | 503                     | 459   | 491   | 461   | 564   | 216      |
| Wellington Region         | 1,231                   | 1,123 | 1,166 | 1,122 | 1,229 | 724      |
| Tasman Region             | 106                     | 86    | 141   | 159   | 135   | 103      |
| Nelson Region             | 135                     | 161   | 191   | 185   | 193   | 109      |
| Marlborough Region        | 100                     | 60    | 94    | 100   | 91    | 55       |
| Canterbury Region         | 1,657                   | 1,490 | 1,705 | 2,090 | 2,076 | 1,293    |
| West Coast Region         | 67                      | 74    | 89    | 85    | 82    | 60       |
| Otago Region              | 1,358                   | 1,496 | 1,425 | 1,411 | 1,591 | 578      |
| Southland Region          | 221                     | 189   | 171   | 195   | 225   | 98       |

Table 4: Number of new sport concussion claims lodged between 1 January 2021 and 30 June 2026, broken down by client age at the time of claim lodgement

| Client Age        | Lodgement Calendar Year |       |       |       |       |          |
|-------------------|-------------------------|-------|-------|-------|-------|----------|
|                   | 2021                    | 2022  | 2023  | 2024  | 2025  | 2026 YTD |
| 00-04 Years       | 80                      | 84    | 101   | 108   | 106   | 72       |
| 05-09 Years       | 407                     | 407   | 463   | 570   | 581   | 272      |
| 10-14 Years       | 2,001                   | 1,963 | 2,214 | 2,514 | 2,678 | 1,544    |
| 15-19 Years       | 2,772                   | 2,486 | 2,737 | 3,067 | 3,195 | 2,035    |
| 20-24 Years       | 1,619                   | 1,530 | 1,542 | 1,714 | 1,697 | 983      |
| 25-29 Years       | 1,093                   | 993   | 1,069 | 1,054 | 1,134 | 553      |
| 30-34 Years       | 653                     | 594   | 624   | 787   | 712   | 398      |
| 35-39 Years       | 384                     | 350   | 430   | 516   | 508   | 281      |
| 40-44 Years       | 351                     | 329   | 362   | 388   | 417   | 185      |
| 45-49 Years       | 294                     | 273   | 278   | 333   | 337   | 184      |
| 50-54 Years       | 263                     | 239   | 261   | 255   | 298   | 161      |
| 55-59 Years       | 194                     | 211   | 204   | 238   | 243   | 140      |
| 60-64 Years       | 161                     | 157   | 174   | 215   | 200   | 102      |
| 65-69 Years       | 83                      | 129   | 100   | 153   | 147   | 74       |
| 70-74 Years       | 63                      | 75    | 76    | 84    | 92    | 52       |
| 75-79 Years       | 39                      | 35    | 50    | 48    | 70    | 38       |
| 80-84 Years       | 14                      | 10    | 18    | 24    | 26    | 14       |
| 85 Years and over | 5                       | 11    | 11    | 18    | 14    | 6        |