



ICPMSK and how to refer your employees

For employers

 Read time: 3 mins

Learn about our new service Integrated Care Pathways Musculoskeletal (ICPMSK) and how to access it for your injured employees (kaimahi).

Who is ICPMSK appropriate for?

ICPMSK is for injured kaimahi who meet the following criteria:

- Accepted cover for a non-permanent musculoskeletal injury to their lower back, shoulder and/ or knee.
- Intend to reside in Aotearoa New Zealand for the duration of the programme.
- The injury happened within the last 12 months at time of referral.
- The injury carries a high chance of needing surgery.

The injury must be of a level of complexity that is likely to require specialist oversight and interdisciplinary treatment to achieve a return to work or return to independence. For example, in the shoulder this might be a full-thickness tear of the rotator cuff, or an AC joint dislocation. In the knee it could be a rupture of the ACL. In the lower back it could be a lumbar disc prolapse that causes pain in the leg.



Referrals

When would I refer for ICPMSK instead of another ACC service like Stay at Work (SAW)?

Many employers will be familiar with the SAW contract, and simple strains/ sprains where a straightforward return to work is expected is still appropriate for SAW.

ICPMSK is more appropriate for situations where a high chance of surgery is suspected. This may not be obvious, so if you're in doubt if surgery is needed then refer to ICPMSK. The ICPMSK supplier will assess your kaimahi and let you know if ICPMSK is right for them.

I'm part of ACC's Accredited Employer Programme

For injuries experienced at work, injured kaimahi working for an ACC Accredited Employer cannot be entered into ICPMSK.

For injuries experienced outside of work, your kaimahi can choose to be referred for ICPMSK. To do this, your kaimahi needs to follow the usual process to have their non-work injury claim returned to us for management before they can enter ICPMSK.

How do I refer?

Before referring your kaimahi to a ICPMSK supplier, discuss their options of care. If your kaimahi want to be considered for ICPMSK, please follow these steps:

1. Gain their consent to share their injury information with an ICPMSK supplier for assessment.
2. Contact the ICPMSK supplier in your region. A list of suppliers can be found on our website.
3. Let the supplier know your employee would like to be considered for an ICPMSK pre-screen.
4. Send the supplier a copy of ACC45 and/or ACC18 for the kaimahi.

What happens after I make the referral?

A member of the supplier's ICPMSK team will contact your kaimahi to discuss the injury and their recovery so far. This pre-screen will help establish if they're likely to meet the service entry criteria.

If that discussion suggests your kaimahi may meet the criteria, they will go through further assessment (such as a physical exam, x-ray/CT, and/or medical specialist review). This will confirm if the injury meets the criteria for the programme.

You will be informed of the result of the call/assessment and which service is most appropriate for your kaimahi.



He Kaupare. He Manaaki.
He Whakaora.
prevention. care. recovery.



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