The beginner's guide to ACC for mental injury providers: Part 2

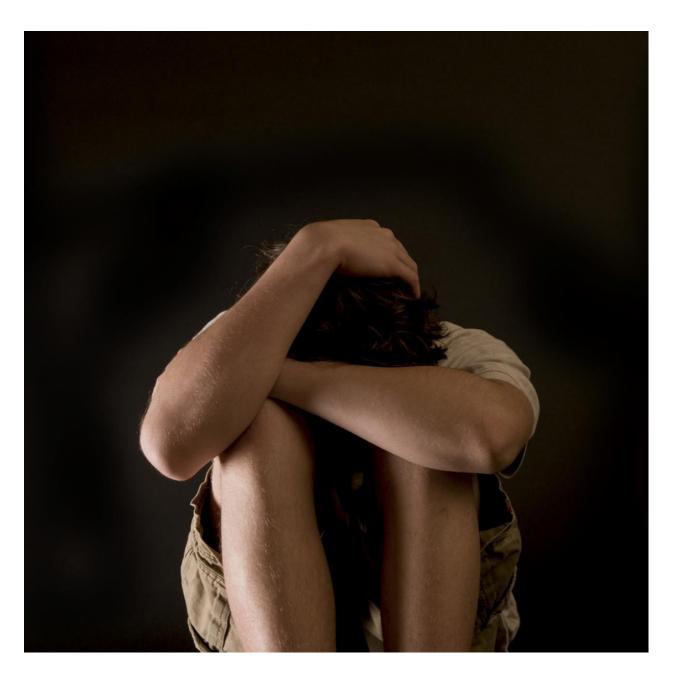
1 NOVEMBER 2022

Hosted by Melissa Porritt Clinical Advice Manager

Penny Kokot Louw Clinical Advice Manager



He Kaupare. He Manaaki. He Whakaora. prevention. care. recovery.



#### Karakia

Whāia, whāia

Whāia te Tika

Whāia te Pono

Whāia te Aroha

Mō te oranga tāngata

Kia puta ki te whai ao

Ki te ao mārama

Haumi e, hui e

Tāiki e

Striving to do what is right

Undertaking to act justly

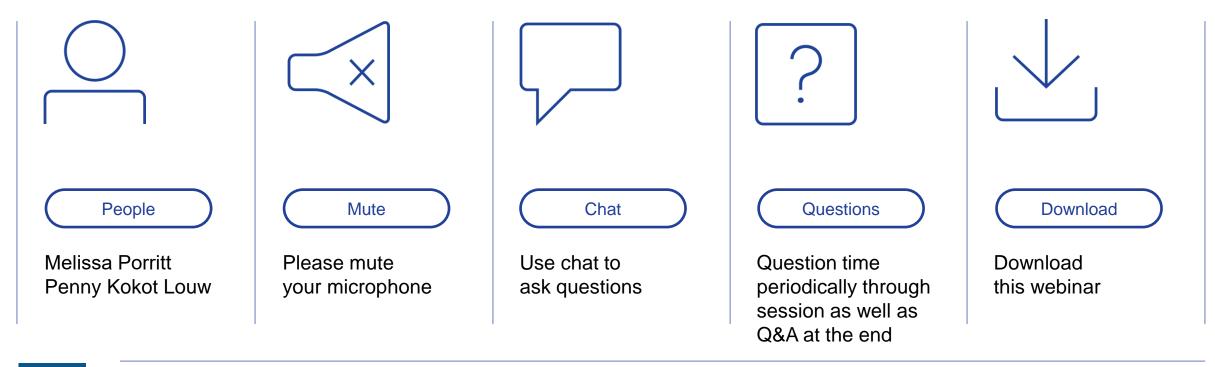
Being considerate of everyone

That it may improve the lives of all



#### Welcome

Welcome to the beginner's guide to ACC for mental injury providers webinar: Part 2





#### ► PRESENTATION TITLE

# Agenda

Assessing mental injury



4

Tips and take-home messages

2

1

**Expectations of Providers** 

How to contact us

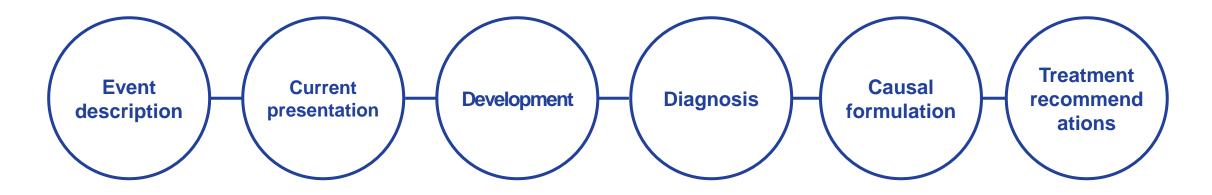
## Assessing mental injury



#### Mental Injury Assessment

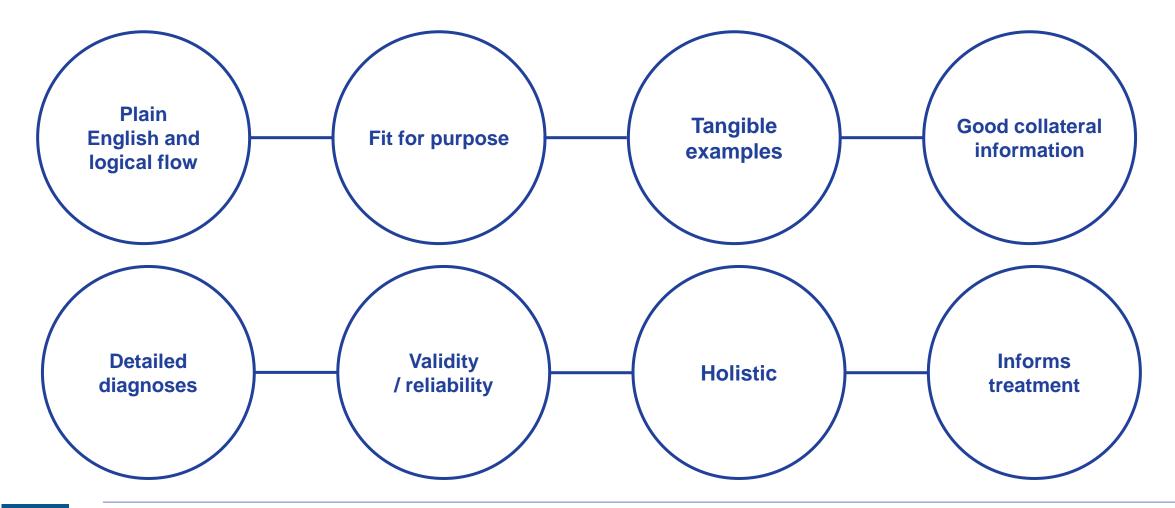
# Purpose and audience

# Why ACC needs this information





#### What makes a good MI Assessment/report?





#### Plain English and logical flow

 
 Plain English and logical flow
 Fit for purpose
 Tangible examples
 Good collateral information
 Detailed diagnoses
 Validity / reliability
 Holistic
 Informs treatment

Your primary audience is non-clinical.





#### Fit for purpose

 
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Is there a material link between the diagnosed condition and the event or injury?

How well can you convey your clinical reasoning?





#### Tangible examples

 
 Plain English and logical flow
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This helps ACC know what the client needs help with and to judge how appropriate the treatment plan is.





#### Good collateral information

 
 Plain English and logical flow
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 Holistic
 Informs treatment

Helps ensure that your report is balanced, credible and holistic.



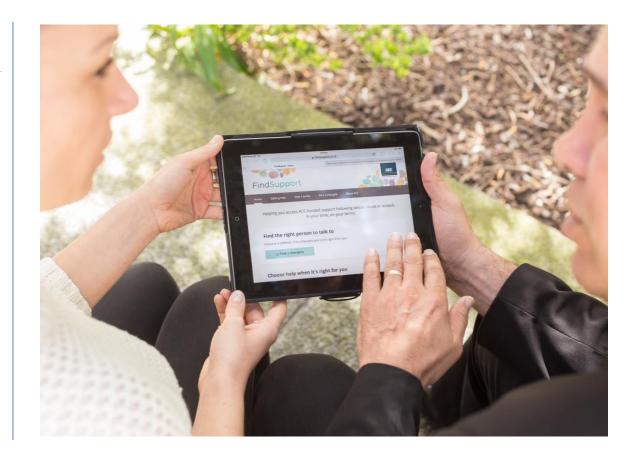


#### **Detailed diagnoses**

Plain English and logical flow
Fit for purpose
Tangible
examples
Good collateral
information
Detailed
diagnoses
Validity
Hollstic
Informs
treatment

Appears in a recognised classification system.

Provides a symptom description (not a list).





#### Validity / reliability

 
 Plain English and logical flow
 Fit for purpose
 Tangible examples
 Good collateral information
 Detailed diagnoses
 Validity / reliability
 Holistic
 Informs treatment

Should always be considered but especially in a medicolegal context.





Holistic

#### Plain English and logical flow Fit for purpose Tangible examples Good collateral information Detailed diagnoses Validity / reliability Holistic Informs treatment

Considers all areas of functioning. Considers all diagnoses/explanations. Addresses "personality" and "culture" for everyone.





#### Informs treatment

 
 Plain English and logical flow
 Fit for purpose
 Tangible examples
 Geod collateral information
 Detailed diagnoses
 Validity / reliability
 Holistic
 Informs treatment

Assessment is a key document in guiding recovery – our ultimate goal





**CHAPTER ONE** 

### Any questions?



#### Expectations of Providers and Assessors



#### **Expectations of Providers and Assessors**

- ✓ Actively managing safety
- ✓ Thinking holistically
- ✓ Risk of harm to self
- Risk of harm to others
- ✓ Children and vulnerable persons





#### Creating a safe space

✓ Be organised - read the medical notes;

liaise with the lead provider

- ✓ Be culturally considerate
- ✓ Pacing of the assessment
- ✓ Delivery of the core findings
- ✓ Manage expectations

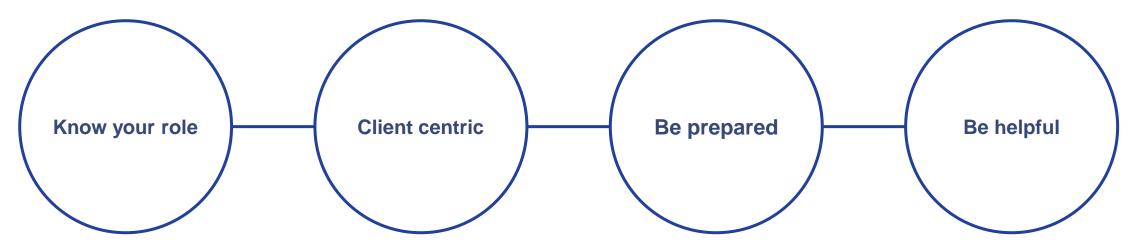




#### Top tips and take home messages



#### Getting a good outcome for everyone



We provide cover and treatment for mental injury (not mental illness) and we rely on you to guide us on a neutral and balanced diagnosis, causal formulation and treatment.

Assessments can be traumatising for clients. You can help by being prepared, not asking for unnecessary detail, and providing clear feedback. Get the medical records you need and know what's in them before meeting with the client. Obtain collateral information. Make practical recommendations. Know what options are available. If you don't know, you can say this too!



#### Communication

The best tip for a great outcome for
 everyone is to communicate well and as
 often as you need with ACC and other

providers involved.





#### Services available to clients

- ✓ Individual therapy
- ✓ Group therapy
- ✓ Adjunctive Supports
- ✓ Family and whanau





**CHAPTER THREE** 

#### Any questions?





#### How to contact us



#### Psychology Advisor (PA) Hotlines

Sensitive claims:

09 354 8425

**Physical injury:** 

09 354 8426





#### Contact us

Clients supported by a dedicated Recovery Partner: 0800 735 566

Clients supported by Assisted Recovery: 0800 735 566 ext. 87878

Update contractual and referral information: health.procurement@acc.co.nz **Contract, newsletter and reporting link:** mentalhealth@acc.co.nz

Submit ISSC reports to ACC: Sensitiveclaimsproviderreports@acc.co.nz



#### What's next?

#### We want your feedback.

We want to make sure future webinars are engaging, helpful and informative for you and other health providers.

Please click on the survey link in the chat and share your feedback for today's webinar.

You'll receive an email with a link to the recording of this webinar, where you can also download slides.

#### **Getting Started**

A new section on our website gives you all the basics of working with ACC.

Head to acc.co.nz/getting-started



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# Thank you