



# Collecting **Health Outcome Measures**



He Kaupare. He Manaaki.  
He Whakaora.  
prevention. care. recovery.

## WHAT?

### What are health outcomes?

Health outcomes are the results of treatments and interventions that clients receive. Achieving good client health outcomes is the primary goal of all health care.

There are many types of health outcome measures, we're currently looking at:

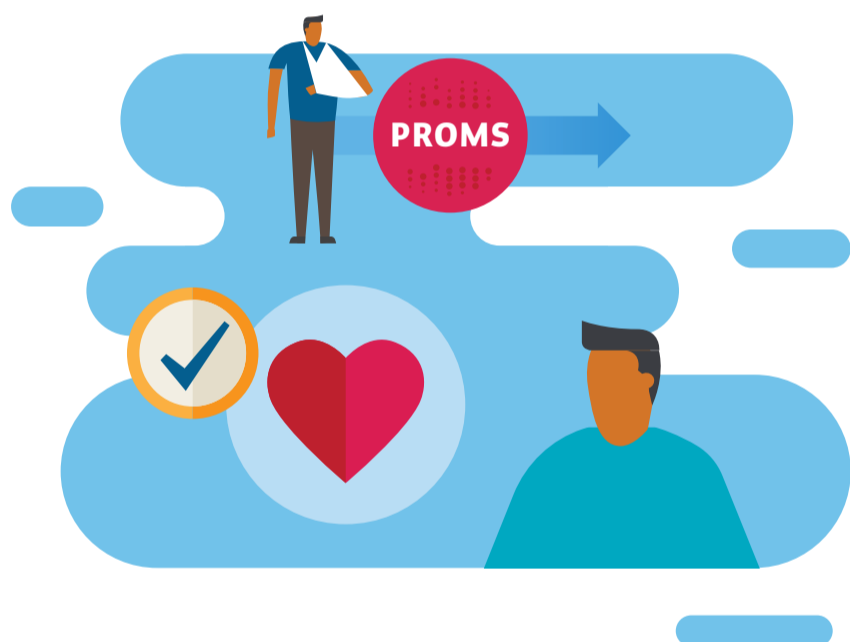
- > Patient Reported Outcome Measures (PROMs)
- > Patient Reported Experience Measures (PREMs)
- > Clinical Outcome Measures



## WHY?

### Why are we interested in health outcomes?

We're looking at collecting different health outcome measures to provide us with the information needed to better understand a client's recovery journey and what's important to them. This will help us understand the value of the services we provide, equity across client groups (particularly Māori) and guide service design and improvement.



## WHO BENEFITS?

Collecting health outcomes data is an opportunity for our clients to tell us about their recovery and what matters to them. It will support providers with their clinical care, decision making, and building better relationships with their patients. It will highlight any differences in outcomes across all client groups. It will help us understand the effectiveness and value of the services we fund, enabling us to keep the ACC scheme sustainable and available to all New Zealanders.

CLIENTS AND WHĀNAU

PROVIDERS

PEOPLE OF AOTEAROA

ACC



# THE ‘WHAT’ IN DETAIL

## Patient Reported Outcome Measures (PROMs)

- Looks at the patient's views of their health status
- Useful for comparisons across people with different injuries
- Often paired with condition-specific PROMs which give much more specific information relating to the injury and outcome.

## Patient Reported Experience Measures (PREMs)

- Looks at the patient's views of their experience while receiving treatment



## Clinical Outcome Measures

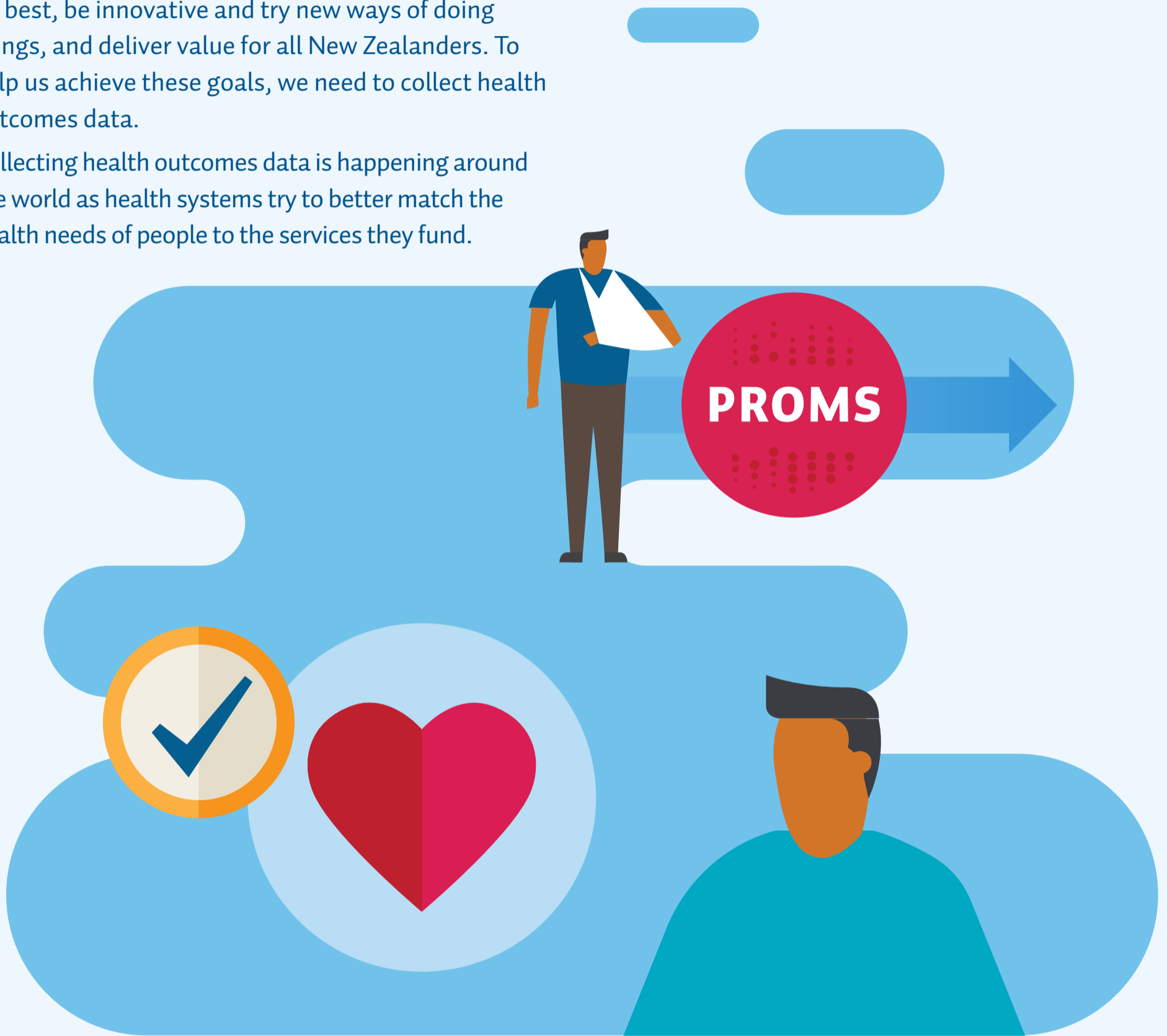
- Assesses the health status of patients, (e.g. wellbeing, strength)
- Assessment performed by a trained health care professional
- Requires specialised professional training to evaluate the patient's health status

We have an interest in the collection of PROMs to better understand the effectiveness of services provided to a client across various aspects of the clients' injury and journey to recovery. The collection of PROMs also allows us to understand what is important to clients in their recovery journey and how they feel about their recovery.

# THE ‘WHY’ IN DETAIL

Our goal is to achieve better outcomes for injured New Zealanders, support providers to do what they do best, be innovative and try new ways of doing things, and deliver value for all New Zealanders. To help us achieve these goals, we need to collect health outcomes data.

Collecting health outcomes data is happening around the world as health systems try to better match the health needs of people to the services they fund.



Collecting and using health outcomes data could help us:

- › compare treatments across different client groups, and by different providers
- › highlight any differences in outcomes for Māori and other client groups to inform decision making
- › enable value-based commissioning that achieves better outcomes for clients
- › put what's important to our clients at the centre of their recovery and our injury prevention efforts.

# BENEFITS

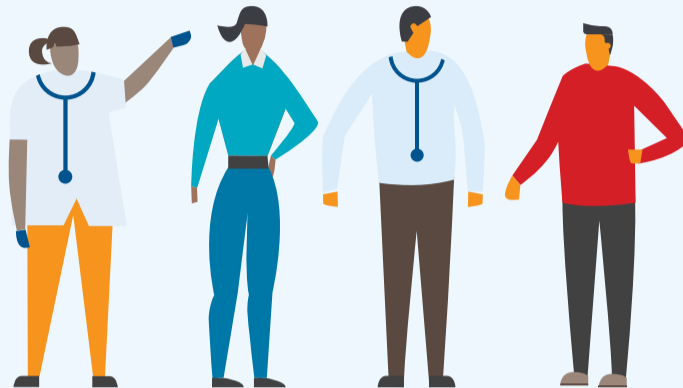
## CLIENTS AND WHĀNAU



This is an opportunity for our clients to tell us about their recovery and what matters to them. It allows:

- them to participate in their own recovery and see how they are progressing
- provide opportunities to feedback on how their injury is affecting them
- shared decision making between clients and their clinicians.

## PROVIDERS



Collecting health outcome measures benefits our providers by:

- supporting clinical care and decision making
- facilitating conversations with their patients about wellbeing
- enhancing a positive relationship
- showing the value of the work they do and the outcomes their patients achieve
- helping them understand individual client recovery and support tailored client care
- sharing best practice with each other to improve care.

## PEOPLE OF AOTEAROA



Collecting and using health outcome measures benefits the people of Aotearoa by helping to keep the ACC scheme viable and available to all New Zealanders, and provide confidence that ACC is purchasing services that gets the best outcomes for all.

## ACC



Collecting and using health outcome measures allows us to:

- understand the effectiveness and value of the services we fund
- increase openness with providers about the outcomes they achieve
- better understand which treatments we should invest more in
- test whether collecting health outcomes can contribute to Oranga Whānau by measuring and tracking health outcomes for Māori
- highlight any differences in outcomes across all client groups, particularly Māori, to inform decision making
- design and fund the most effective treatment and rehabilitation pathways that achieve better outcomes for clients.