



Pain Management Services

Who can I refer my Client to?

This page shows what Pain Management Service suppliers are in your region

July 2023

Region	Suppliers
Northland	Active+ - headoffice@activeplus.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Auckland DHB - TARPSACCRAdmin@adhb.govt.nz (<i>tertiary only</i>) Habit - referrals@habit.co.nz Proactive Rehab - referrals@proactive4health.co.nz TBI Health- referrals@tbihealth.co.nz
Auckland	Active+ - headoffice@activeplus.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Auckland DHB - TARPSACCRAdmin@adhb.govt.nz (<i>tertiary only</i>) Futureproof Rehab - info@futureproofrehab.co.nz Habit - referrals@habit.co.nz

	<p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>Southern Physiotherapy Limited - reception@southernphysio.co.nz</p> <p>Sports & Spinal Physiotherapy Limited - pain@sportsandspinal.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>
Waikato	<p>Active+ - headoffice@activeplus.co.nz</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Auckland DHB - TARPSACCRAdmin@adhb.govt.nz (<i>tertiary only</i>)</p> <p>Body in Motion - referrals@bodyinmotion.co.nz</p> <p>Habit - referrals@habit.co.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>QE Health – referrals@qehealth.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>
Bay of Plenty	<p>Active + - headoffice@activeplus.co.nz</p> <p>Auckland DHB - TARPSACCRAdmin@adhb.govt.nz (<i>tertiary only</i>)</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Body in Motion - referrals@bodyinmotion.co.nz</p>

	<p>Habit - referrals@habit.co.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>QE Health – referrals@qehealth.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>
Gisborne	<p>Active+ - headoffice@activeplus.co.nz</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Auckland DHB - TARPSACCRAdmin@adhb.govt.nz (<i>tertiary only</i>)</p> <p>Habit - referrals@habit.co.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>
Hawke's Bay	<p>Active+ - headoffice@activeplus.co.nz</p> <p>Auckland DHB - TARPSACCRAdmin@adhb.govt.nz (<i>tertiary only</i>)</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Habit - referrals@habit.co.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>

<p>Taranaki</p>	<p>Active+ - headoffice@activeplus.co.nz</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Auckland DHB - TARPSACCRAdmin@adhb.govt.nz (tertiary service only)</p> <p>Habit - referrals@habit.co.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>
<p>Manawatu-Whanganui</p>	<p>Active+ - headoffice@activeplus.co.nz</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Capital and Coast DHB (tertiary service only) - dagmar.hempel@ccdhb.org.nz</p> <p>Habit - referrals@habit.co.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>
<p>Wellington</p>	<p>Active+ - headoffice@activeplus.co.nz</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Capital & Coast DHB - dagmar.hempel@ccdhb.org.nz (Tertiary only)</p> <p>Habit - referrals@habit.co.nz</p>

	<p>Hutt Valley DHB - hilary.smith@huttvalleydhb.org.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>
<p>Tasman, Nelson and Marlborough</p>	<p>Active+ - headoffice@activeplus.co.nz</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Canterbury DHB - painmanagementcentre@cdhb.health.nz (tertiary only) *</p> <p>Habit - referrals@habit.co.nz</p> <p>Southern Rehab - reception@southernrehab.co.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>
<p>West Coast</p>	<p>Active+ - headoffice@activeplus.co.nz</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Canterbury DHB - painmanagementcentre@cdhb.health.nz (tertiary only) *</p> <p>Habit - referrals@habit.co.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>

<p>Canterbury</p>	<p>Active+ - headoffice@activeplus.co.nz</p> <p>Australis Specialist Pain Clinic - office@australismedical.com (group and tertiary only)</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Canterbury DHB - painmanagementcentre@cdhb.health.nz (tertiary only) *</p> <p>Habit - referrals@habit.co.nz</p> <p>Motion Health Group – admin@painrehabchch.co.nz</p> <p>Occupational Health Canterbury - pain@occhealthcanterbury.co.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>
<p>Otago</p>	<p>Active+ - headoffice@activeplus.co.nz</p> <p>Advantage South – referrals@advantagesouth.co.nz</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Canterbury DHB - painmanagementcentre@cdhb.health.nz (tertiary only) *</p> <p>Habit - referrals@habit.co.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>

Southland	<p>Active+ - headoffice@activeplus.co.nz</p> <p>Advantage South – referrals@advantagesouth.co.nz</p> <p>APM Workcare - nzreferrals@apmworkcare.co.nz</p> <p>Canterbury DHB- painmanagementcentre@cdhb.health.nz (tertiary only) *</p> <p>Habit - referrals@habit.co.nz</p> <p>Proactive Rehab - referrals@proactive4health.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p>
<p>*Canterbury DHB - painmanagementcentre@cdhb.health.nz (tertiary only) - Until further notice, Burwood Pain Management Clinic will only be accepting referrals for the CHOICES programme.</p>	

Group Programme

Suppliers
<p>Active+ - headoffice@activeplus.co.nz</p> <p>APM - nzreferrals@apmworkcare.co.nz</p> <p>Australis Specialist Pain Clinic - office@australismedical.com</p> <p>Body in Motion - referrals@bodyinmotion.co.nz</p> <p>Habit - referrals@habit.co.nz</p> <p>Proactive - referrals@proactive4health.co.nz</p> <p>TBI Health - referrals@tbihealth.co.nz</p> <p>Occupational Health Canterbury - pain@occhealthcanterbury.co.nz</p>

Tertiary Support Services/Tertiary Delivery Services

Suppliers

Australis Specialist Pain Clinic - office@australismedical.com

Auckland DHB - TARPSACCRAdmin@adhb.govt.nz

Canterbury DHB - painmanagementcentre@cdhb.health.nz *

Capital & Coast DHB - dagmar.hempel@ccdhb.org.nz

*Canterbury DHB - Until further notice, Burwood Pain Management Clinic will only be accepting referrals for the CHOICES programme.