

Welcome | Haere mai

The webinar will start shortly.

How to complete an ACC18 medical certificate

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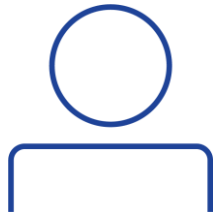


**He Kaupare. He Manaaki.
He Whakaora.**
prevention. care. recovery.



Nau mai, Haere mai

Welcome to 'How to complete an ACC18 medical certificate'



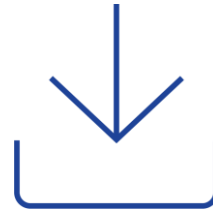
Meet the team

Dr Peter Burt
Dr Maartje Lyons



Questions

Use the Q&A at the
top of your screen



Download the
webinar

We'll email the
webinar and slides



Feedback

Let us know what
you think

Before we start...

There are many different practice management systems that can submit an ACC18.

We know sometimes using them can be a challenge.

They all ask for the same information.

[Working with us using our digital services \(acc.co.nz\)](https://acc.co.nz)



Agenda

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Your questions

When to use an ACC18

1

ACC18 – supporting your patient

Use the form to let us know:

- ✓ There is a different or additional diagnosis so we can update cover.
- ✓ What support your patient needs
- ✓ When there is a change in the way your patient can work because of their injury

You can also ask us to contact you. We'll do our best to reach you. If possible, give us an email address or direct contact number.

Recovery at work

2

Ability to work

Used when someone is not able to work in the same way because of their injury.

Getting certification right and setting recovery expectations from the beginning is in the best interest of your patient.

Strong evidence showing work can be a valuable part of a patient's rehab.

Patients can still get financial support from ACC if they return to work part-time.

[Your recovery at work guide](#)



Why recover at work?

- ✓ Work is generally good for physical and mental health and wellbeing.
- ✓ Valuable rehabilitation.
- ✓ Maintain income and overall confidence.

Recovery is optimised when we all work together in the best interests of the patient and support a safe and effective recovery at work as part of the rehabilitation process.

Recovery at Work

Most employers are happy to discuss alternative duties or reduced hours for their employee.

We have resources for injured people to help them have a conversation with their employer.



Recovery at Work – supporting our clients

We can help your patient to recover safely at work with:

- ✓ rehabilitation programmes
- ✓ specialised equipment and technology
- ✓ transport to and from work
- ✓ occupational workstation assessments
- ✓ functional assessments
- ✓ vocational medical services.



Your role in certification

3

Certification – your role

Completing an assessment of their capacity to work plays a key role in helping your patient to recover at work and return to their everyday activities as soon as possible.



Certification – assessing your patient

Ability

- ✓ what your patient can safely do - both cognitively and physically.
- ✓ diagnosis, treatment, & rehabilitation recommendations and prognosis, if appropriate.

Tolerance

- ✓ adjustments to your patient's work such as hours, travel, tasks, and environment.
- ✓ key dates.

Risk

- ✓ what your patient must not do – to keep them or others safe.
- ✓ what may constitute a risk to your patient, for example, certain activities or situations.
- ✓ reduce risk through changes to work hours or tasks, the environment, equipment or breaks.

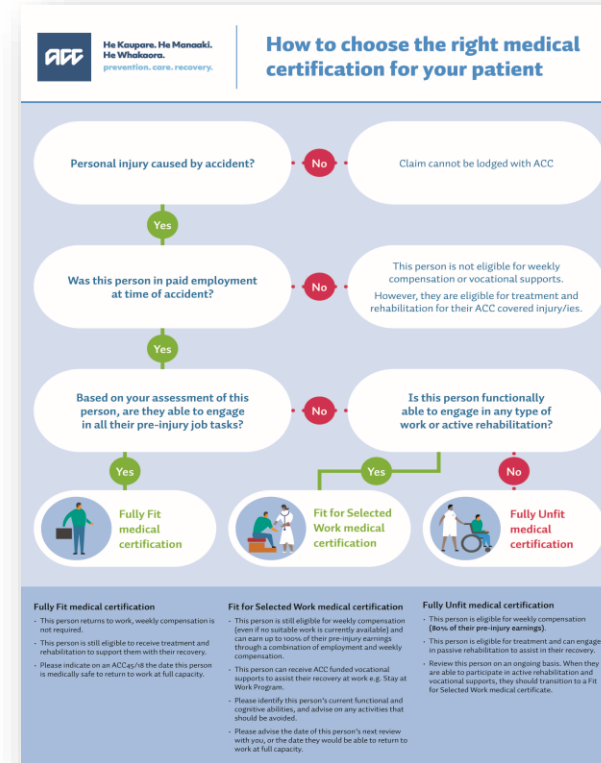
Definitions

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Certification – getting it right

There are three ways to describe ability

- ✓ Fit for selected or some work
- ✓ Fully unfit
- ✓ Fully fit



Ability to work – definitions

Fit for selected/restricted

Your patient can engage in active rehabilitation or some work with support:

- ✓ amended duties
- ✓ altered hours
- ✓ workplace adaptations
- ✓ a phased return to work

Fully fit

Your patient can undertake their full pre-injury job duties and hours.

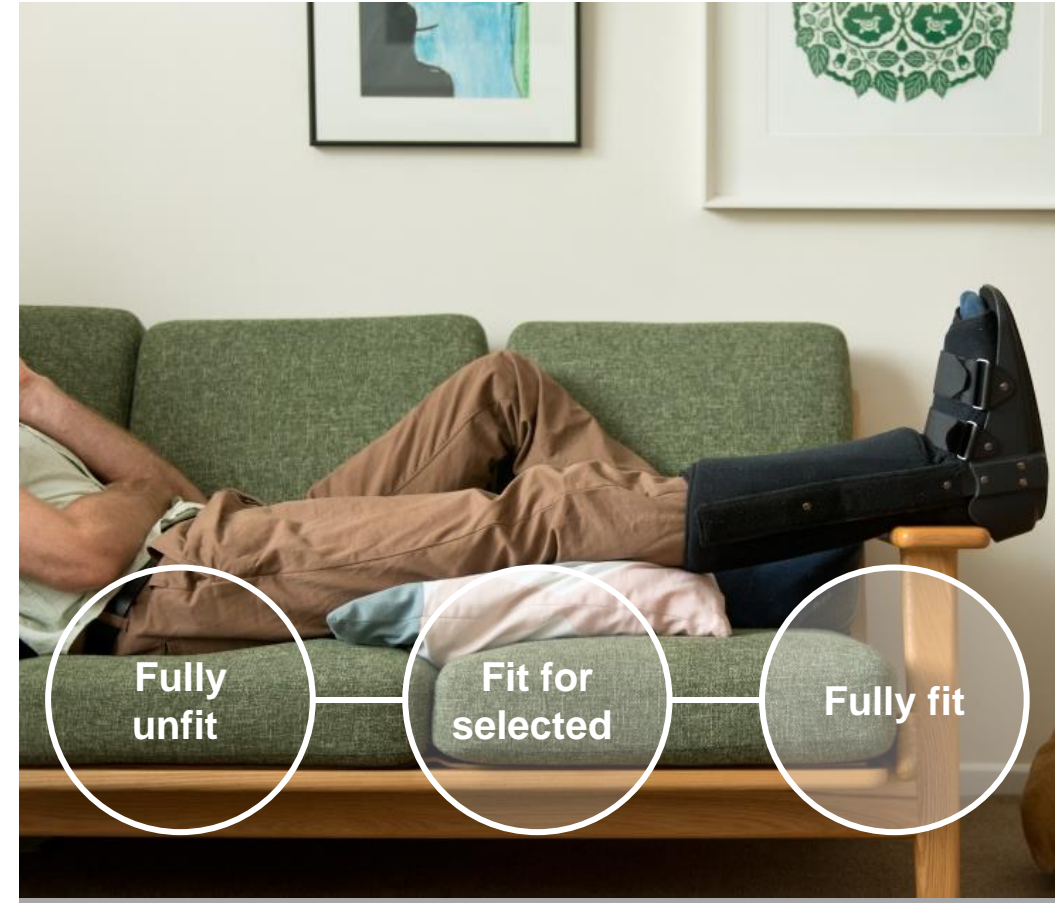
Fully unfit

Your patient is

- ✓ Is in hospital, or confined to bed
- ✓ At risk of contagion or needs quarantining
- ✓ A H&S risk to them, their colleagues or general public

Example

- Logging truck driver has sustained a fractured ankle
- Unable to drive, walk or lift and cannot wear suitable safety footwear
- There are other duties they may be able to do.



Myths & tips

5

Myths – to bust

- ✗ To get weekly compensation the accident must happen at work
- ✗ Only people who are fully unfit get weekly compensation
- ✗ Being fit for some work means they must do some work.

[Getting paid if you can't work -
weekly compensation \(acc.co.nz\)](https://acc.co.nz)



Tips

- ✓ Getting the dates of capacity right- you can have different capacities of work on the same certificate
- ✓ Certify their capacity on the date seen, making no assumptions about work e.g. starting on return Mon
- ✓ For TBI, SCI and other significant injuries we can accept annual certificates

[Issuing medical certificates \(acc.co.nz\)](http://acc.co.nz)

Questions? Pātai?

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Resources for you

Watch: An introduction to medical certification

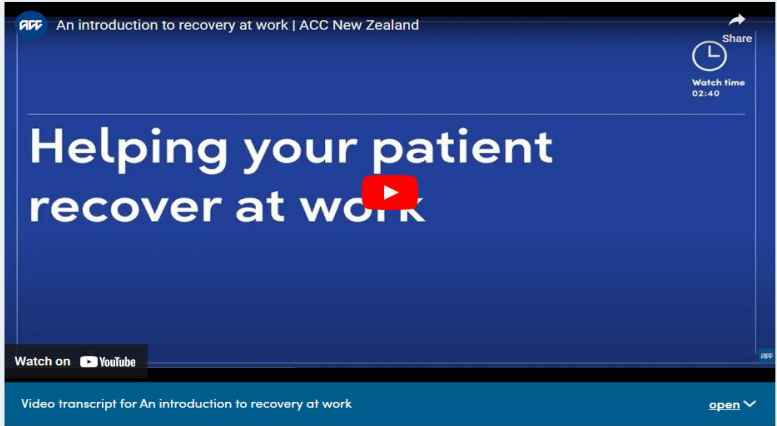


Watch on YouTube

Hear from Dr Bryan Betty, Chair of GPNZ, c

Video transcript for: An introduction to medical cert

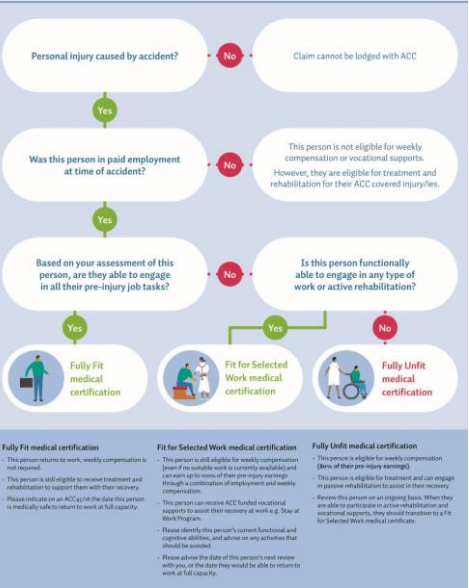
An introduction to recovery at work



Hear from Dr Bryan Betty, Chair of GPNZ, as he talks about the importance of recovery at work and your role as a health provider on the team.



How to choose the right medical certification for your patient



► QUICK GUIDE

1 of 1

Starting the conversation: Recovering at work after an injury

For injured employees

Use these conversation prompts to help you talk with your employer about your injury and recovery at work. It's proven that being at work is beneficial for your recovery after an injury. It makes it more likely you'll return to your job and the things you enjoy. You're still entitled to financial support while you recover at work.

Think about what your GP has advised and offer suggestions about the tasks you think you can do while you recover. You or your employer can ask ACC for help at any time. Use our online service MyACC (myacc.co.nz) or call 0800 101 998 and have your claim number handy.

1 Sharing information

"My injury happened when I..."
"I've told... about it."
"I've seen a GP and they said..."
"My treatment plan involves..."
"I'll send you a copy of my medical certificate. This will help us plan what I might be able to do at work."
"I'll give you my consent to talk with ACC and/or my GP about my injury and recovery in relation to work."

3 Recovery updates

"I have access to MyACC and I've asked for [support]."
"My next appointment is..."
"My treatment schedule is..."

2 Staying connected

"I'll let you know my progress and next steps so we both know what's happening."
"I'll give you any updated medical certificates right away!"
"I'm keen to stay in touch with my workmates and workplace, let me know what's possible!"

4 Recovering at work

"I want to be at work, what's possible?"
"I'll take a list of jobs/tasks to my GP so they can understand my job and give advice on how I can be at work safely while I recover."
"I'll let ACC know how many hours I'm working each week so my payments are accurate."
"If we need help to figure this out, ACC will help."



Need more info? Scan the QR code or... Visit acc.co.nz/recoveryatwork

Contact us

Provider help:

Call 0800 222 070

providerhelp@acc.co.nz

Contact our provider relationship team (EPMs):

[Contact our provider relationship team
\(acc.co.nz\)](mailto:providerhelp@acc.co.nz)

Provider Education Lead:

provider.education@acc.co.nz

THANK YOU FOR COMING

Ngā mihi nui